

Managerial consultations

EFAP professional consultations provide the support and tools needed to sensitively and appropriately refer employees to the work environment.

Managerial consultations can help:

- Dealing with conflict
- Leadership skills
- Communicating with team members
- Building resilience and boosting morale
- Managing stress and overload
- Managing performance
- Substance use/mental health concerns
- How to present the EFAP to an employee



 TELUS[®] Health

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